According to Goh (2000) research about English listening, they found that there are three phase English listening compression: Perception, Parsing and Utilization. Perception means the process human read the content; Parsing means the mental representation about content; Utilization means understand the meaning of content. Based on the research here, we set the difficulty by process the audio into the one subjects could not easily percept the content.

Goh, C. C. M. (2000). "A cognitive perspective on language learners' listening comprehension problems." System **28**(1): 55-75.